



Kathleen W. McDonald, MA

Licensed Massage Therapist, #1781

Reiki Master

FANNO CREEK CLINIC

2400 SW Vermont St.

Portland, Oregon 97219

Tel 503-452-0915

Fax 503-768-9232

Rates:

\$90 – 90 minutes

\$60 – 60 minutes – new!

\$30 – 30 minutes – new!

Insurance NOT billed

Make appt. at front desk

NOW ACCEPTING NEW PATIENTS

Massage Therapy:

Kathleen brings 27 years of Massage Therapy and Reiki practice to Fanno Creek Clinic. With Massage Therapy she incorporates deep tissue, Swedish and shiatsu massage techniques into a comprehensive approach for clinical and therapeutic settings. The therapy is suitable for most types of medical conditions, including pre-op and post-operative situations. From treating chronic conditions and acute physical trauma to providing general relaxation, Massage Therapy can enhance the care your doctor gives you.

Reiki:

Reiki, a Japanese healing treatment, is becoming a commonly used complementary technique in cancer care. Many hospitals now offer Reiki in their cancer treatment programs. For the past seven years Kathleen has focused her Reiki practice on the treatment of cancer patients, as well as working with people with auto-immune diseases and anxiety disorders. Recipients often report deep relaxation and a profound sense of well-being from a session. Reiki is a gentle healing practice that can be given to any age patient.

What's Good for You:

Both Massage Therapy and Reiki are increasingly accepted modalities of integrative health care. Some insurance companies cover Massage Therapy when referred by a physician and those that do cover it are growing all of the time. Talk with your physician or health-care provider to see if Massage Therapy or Reiki will help you feel better. Make your appointment at the front desk.